

Texas Institute of Chest & Sleep Disorders  
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## Bronchoscopy Pre-Op Guidelines

- Discontinue all aspirin, plavix, and blood thinners a week before the procedure.
  
- Nothing to eat or drink after midnight the day before. If you need to take medication do so early in the morning with very little water.
  
- Arrive at your scheduled time to Memorial Hermann Southeast Hospital/ East Houston Hospital Outpatient services to register.
  
- Please be sure to be accompanied by someone to drive you home.
  
- After your procedure please call the office at 281-481-0091 to schedule an appointment to go over your results.
  
- If you have any further questions please call the office at 281-481-0091